


Understanding Alzheimer's and Dementia Participant's Guide

Introduction

<p>Understanding Alzheimer's and Dementia</p> <p>Learning Objectives</p> <ul style="list-style-type: none">• Compare Alzheimer's and dementia.• Recognize how Alzheimer's disease affects the brain.• List the risk factors of Alzheimer's disease.• Identify the stages of the disease.• Recognize current FDA-approved treatments.• Describe how scientists are working to advance research.• Name the resources available through the Alzheimer's Association.	
---	--

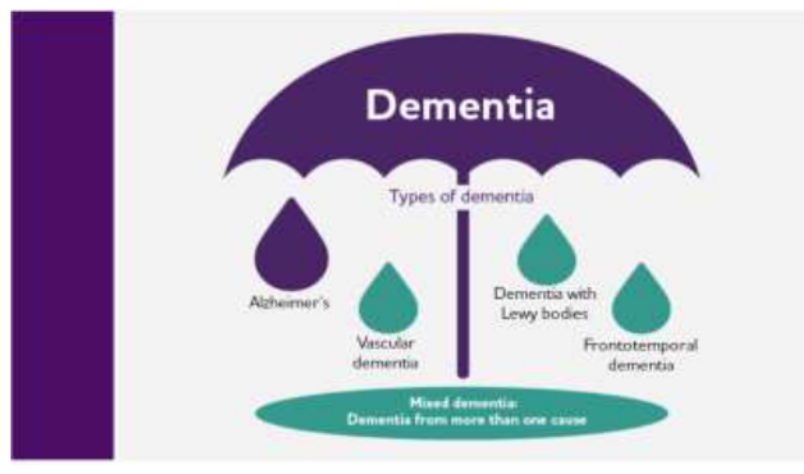
Alzheimer's and Dementia

 <p>Alzheimer's is a normal part of the aging process.</p> <p><input type="button" value="True"/> <input type="button" value="False"/></p> <p>1 of 2</p>	
--	--

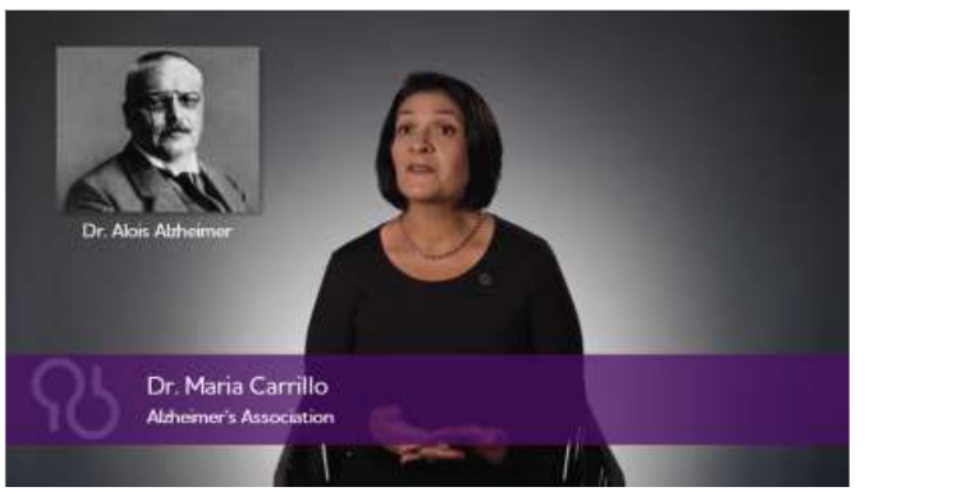
People younger than age 65 can get Alzheimer's.

True False


2 of 2



Alzheimer's in the Brain

 <p>Dr. Alois Alzheimer</p> <p>Dr. Maria Carrillo Alzheimer's Association</p>	
--	--

Risk Factors

 <p>Dr. Heather Snyder Alzheimer's Association</p>	
--	--

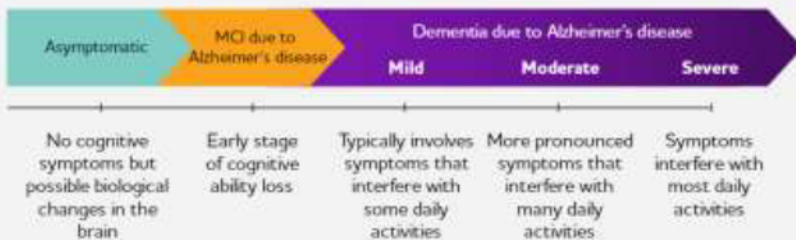


Populations at higher risk

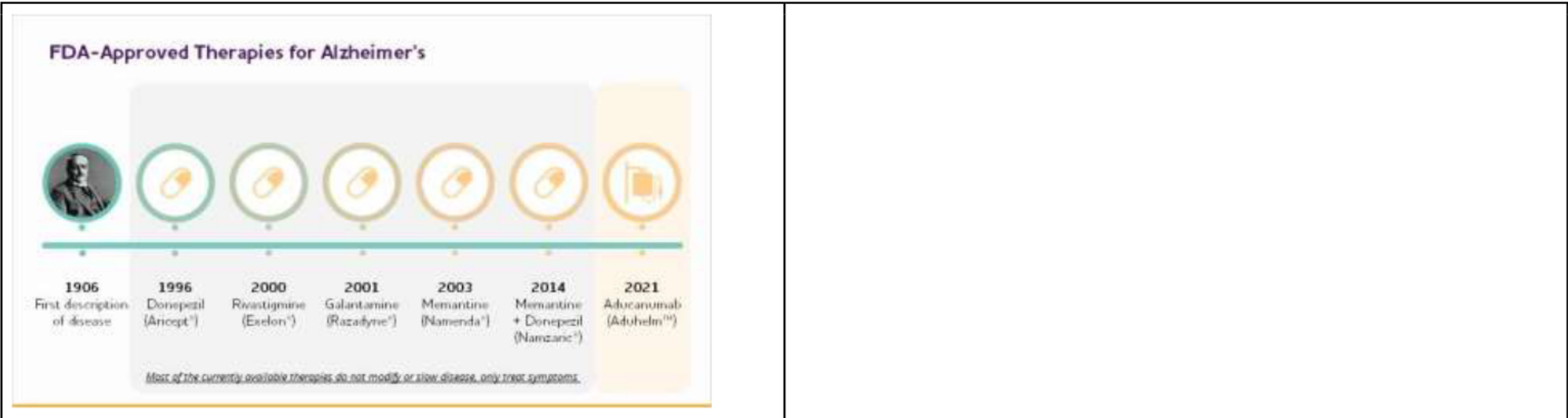
- Hispanics are about 1.5 times as likely as Whites to develop Alzheimer's and other dementias.
- African Americans are about twice as likely to develop the disease as Whites.
- Almost two-thirds of Americans with Alzheimer's are women.

Stages of Alzheimer's Disease

Alzheimer's disease is a continuum



FDA-Approved Treatments



Advancing Alzheimer's Research


Investigating early intervention

Exploring lifestyle factors

Moving toward a cure

Securing the funds

Hope for the Future

<p>Clinical studies</p>	 <p>Dr. Maria Carrillo Alzheimer's Association</p>	
-------------------------	---	--

Alzheimer's Association

 <p>Alzheimer's Association Key Resources</p> <p>We're available wherever and whenever you need reliable information and support.</p> <ul style="list-style-type: none">▶ On the phone – 24/7 Helpline, 800.272.3900▶ Online – alz.org▶ In communities nationwide – alz.org/CRF	
---	--

Alzheimer's Association Resources

- Call the **24/7 Helpline (800.272.3900)**. Care specialists and master's-level clinicians provide reliable information and support all day, every day.
- Visit **alz.org**[®], which includes free resources and up-to-date information for all those facing Alzheimer's and other dementia.
- Join **ALZ Connected**[®] (alzconnected.org), our free online community, to connect with other caregivers or people living with dementia.
- Explore **Alzheimer's Association & AARP Community Resource Finder** (alz.org/CRF) to find dementia resources, programs and services in your area, including your local Association office.
- Assess your needs and create customized action plans with **Alzheimer's Navigator**[®] (alzheimer-navigator.org).
- Check out alz.org/research to learn more about how the Association is advancing the field of research.
- Go to alz.org/publications to access brochures and other resources on a variety of topics.

For people living with dementia:

- Visit alz.org/IHaveAlz to start learning and planning in order to live your best life today.
- Access **LiveWell Online Resources** (alz.org/livewell) for free interactive tools and personalized steps for living well with the disease.
- Take our free **Living with Alzheimer's: For People with Alzheimer's** workshop online at alz.org/education or through your local Alzheimer's Association chapter (alz.org/CRF).

For caregivers:

- Find support and information for all stages of the disease at alz.org/care.
- Visit the alz.org/safety for safety information, tips and resources.
- Take our free **Living with Alzheimer's: For Caregivers** workshop series online at alz.org/education or through your local Alzheimer's Association chapter (alz.org/CRF).

This program is the property of the Alzheimer's Association and its contents may be used freely and without charge only by its authorized training staff and licensed representatives of the Association for presentations of "Understanding Alzheimer's and Dementia." It may not be reproduced or used for any other purpose without the prior written consent of the Alzheimer's Association.